



Learn2Sail Classes on Clark Lake!

Experience the fun of sailing and develop the skills to make a sailboat go where you want it to go!

FEEs: minimum \$50 & max \$100/family	“On land” training 6:30-8:30 pm	“On water” training 6:30 pm - dusk
Session 1*	April 23, 30	May 7, 14, 21, 28
Session 2	May 21, 28	June 4, 11, 18, 25

*** Earn a “Sailpass” and use CLYC boats & facilities June 1-30 at no additional cost!**

Presented by the Clark Lake Yacht Club:

A welcoming, family friendly club with sandy beach & swimming, swings & play area, fresh water spring (cup races & frogs), Family Fun Day and more!

program details & registration form	Google “CLYCllegacy” or http://clarklakeyachtclub.org -> Learn2Sail Classes!
to preregister or ask questions	Call/text: Mike Britz at (517) 420-4230 or Email: CLYCllegacy@gmail.com

2019 CLYC Legacy Learn2Sail Program Details

Why Sailing?

- Sailing is fun and a life-long adventure that can be shared with family, friends and the new people you'll meet!
- Sailing is "green", outdoors, away from home and today's tech trappings!
- "The Gods do not subtract from mans allotted time, the hours spent sailing!"

Why CLYC? <http://clarklakevachtclub.org/>

- Share the comradery of historic CLYC, founded in 1931
- CLYC is on beautiful Clark Lake, only a 20 minute drive from Jackson
- Children love our sandy beach, swim and play areas and the frogs in our fresh water spring

Adults (and 'CLYC Sailpass Approved' children) can:

Use club sailboats (Rebel, 420, Laser, Sunfish) free of charge

Race sailboats: Skipper, crew &/or help on the race committee boat

ALL can enjoy Club:

Parties (Labor Day, July 4th, Memorial Day)

Social activities (BBQs, brunches, Family Fun Day & more!)

Why CLYC Legacy Learn2Sail?

- Experience the fun of sailing and develop skills to make a sailboat go where you want it to go!
- Experience the CLYC legacy: We're a fun, welcoming and skilled club that loves sailing on Clark Lake and sharing our skills!
- Experienced instructors and mentors.
- No prior boating or sailing experience required.
- Our program includes:
 - **US Sailing "Learn Sailing Right!" textbook, YouTube referenced videos, certificate and lessons.**
Each student must bring their own lifejacket.
 - **Sessions** canceled by 4 pm via email and/or group text.
 - Mentors teach in small groups using club & personal sailboats (Rebel, Interlake, Hobie, others)
 - Students develop skills through hands-on experience at their own rate. Skills include: setup, launch, capsizes, set sails, steering, change direction, docking, and disassembly.
 - Interested students may skipper and crew in a fun sailboat race the last lesson!
 - Students must pass a test to become 'CLYC Sailpass Approved'
 - **'CLYC Sailpass Approved' Students**
 - May use club sailboats together or on their own
 - Get unlimited CLYC club sailboat access June 1 - June 30 at no additional cost
 - After June 30, students can join CLYC at ½ the annual membership rates
 - Can participate in CLYC sailboat racing by crewing or helping the race committee.
- Supplies & Material fees:
 - \$50 for 1 person
 - \$75 for 2 people from the same family
 - \$100 for more than 2 people from the same family

All training at CLYC: 1860 Eagle Point Rd., Clark Lake, MI, 49234	"On land" training 6:30-8:30 pm	"On water" training 6:30 pm - dusk
Session 1*	April 23, 30	May 7, 14, 21, 28
Session 2	May 21, 28	June 4, 11, 18, 25

*Students who pass the "CLYC Sailpass Test" may use CLYC club sailboats and facilities June 1-30 at no additional cost!

NOTE: Class size is limited. 2019 CLYC Legacy Learn2Sail Release of Claims and Registration and payment must be received to be officially registered. For more information or to preregister call/text Mike Britz at (517)-420-4230 or email CLYCLegacy@gmail.com.

2019 CLYC Legacy Learn2Sail Release of Claims and Registration Form (1 per student)

RELEASE OF CLAIMS

I give this release in consideration of being allowed to participate in the Clark Lake Yacht Club Legacy Learn2Sail program. I understand that there are certain inherent risks in the sport of sailing, some of which could require me to swim. However, I have agreed to and will wear an acceptable personal floatation device and I am a competent swimmer.

I have read this release and I understand it.

I, for myself and anyone claiming rights through me, release Clark Lake Yacht Club and its members, including but not limited to the volunteer instructors, from any and all claims that I may have relating to my participation in the Clark Lake Yacht Club Legacy Learn2Sail program.

Signature of student _____
Date

Signature of parent if student < age 18 when class starts _____
Date

REGISTRATION

Student Name: _____
Address: _____
Phone(s) cell/text: _____ other: _____
E-Mail: _____ Age (if < 18): _____

1. PLEASE prioritize (1/2) the session(s) you can attend:

___ **Session 1** Shore School: April 23, 30 – CLYC clubhouse & grounds 6:30pm – 8:30pm.
On Water Lessons: May 7, 14, 21, 28 – 6:30 pm to dusk
Please circle all that apply:
a. In addition to 6:30pm, what start times can you make? **None 2:30pm 4:30pm**
b. Are you trying to earn a ‘CLYC Sailpass’ for June 1-30? **YES NO**

___ **Session 2** Shore School: May 21, 28 – CLYC clubhouse & grounds 6:30pm – 8:30 pm
On Water Lessons: June 4, 11, 18, 25 – 6:30 pm to dusk
Please circle all that apply:
c. In addition to 6:30pm, what start times can you make? **None 2:30pm 4:30pm**

2. How did you learn about CLYC Legacy Learn2Sail? _____

3. Comments/Questions: _____

4. Limited enrollment. Release of Claims, Registration and payment must be received to be officially registered. Please make checks payable to **Clark Lake Yacht Club** (X one choice below)

_____ \$50 1st student from 1 family, _____ \$75 – 2 students from 1 family _____ \$100 > 2 students/family

Please Mail check and a copy of this form (1 for each student) completed and signed to:

PO Box 178
Jackson Michigan
49204

CLYC Sailpass TEST

Demonstrate the following skills:

1. Name the parts of a sailboat and sail.
2. Sign-out a club owned boat.
3. Prepare the boat for safety:
 - a. What licensing is required for each boat?
 - i. State issued vessel registration & number
 - ii. Number (3") and tag displayed
 - b. What does the coast guard require on each small boat?
 - i. Approved wearable life jackets (Personal Floatation Device) for EACH rider
 - ii. Approved throwing device (Type IV, IF boat 16 feet+)
 - iii. Carry night signals if after sunset
 - iv. Anchor with line tied to boat
 - c. Righting a capsized boat. Steps: release sails, point boat into wind, stand on centerboard, etc.
 - d. Lightning appears in the immediate area. What do you do? What don't you do?
4. Rig the boat for sailing
 - a. What is the standing rigging? What is the running rigging? Sail controls (Cunningham, outhaul, vang)
 - b. Talk through then demonstrate: drain plugs, rudder, rig sails, raise sails, secure lines, rigging.
 - c. Knots. Demonstrate & explain when to use: cow hitch, coiling, cleat hitch, figure 8, square & bowline.
5. Launch the boat
 - a. Position boat properly for wind direction prior to launch
 - b. Raise the sails, centerboard down, rudder in place and down
 - c. Identify 3 wind indicators and wind direction. Describe how to use tell-tales on the rigging and sails.
 - d. Describe launch, sail & rudder adjustment, and your landing plan
6. Sailing
 - a. Steering. Straight course, constant tiller grasp, seating placement (windward side, ahead of tiller, weight for heel)
 - b. Describe how to adjust sails depending on wind direction and destination. Include point-of-sail terms including run, reach (broad, beam, close), close hauled, irons, tacking and jibing.
 - c. Demonstrate safety position. Close reach, full luff, and complete stop.
 - d. Choose a point directly in the wind. Sail the boat there. Tack at least 10 times.
 - e. Choose a point directly downwind. Sail the boat there. Jibe at least 10 times.
 - f. Put the boat in and out of 'irons' 5 times.
 - g. Describe a 'lift' and 'header'. How do you respond?
7. Describe right of way. "Stand-in" vessel maintains course & speed. "Give-way" vessels changes course & speed.
 - a. Opposite tacks. Port tack boat gives way to starboard tack boat
 - b. Same tacks. Windward/leeward. Windward boat gives way to leeward boat (upwind and downwind)
 - c. Overtaking. Overtaking boat gives way.
 - d. Powerboat gives way to sailboat (unless powerboat not under power).
8. Land the boat. Return gently and safely to a full stop within a boat length of a specific location.
 - a. Sail, rudder, centerboard and course adjustments.
9. Disassemble the boat
 - a. lower sails, secure rigging, gear
10. Return a club owned boat properly so others can use.
11. Finally, report any boat issues so they can be fixed!